

# *15 Hacks to Simplify Your Life*



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1.  
A simple life is a happy life. With a few easy tips, your life can be simpler and easier to manage. You'll also have more time for the important things.

Apply these 15 simple hacks to your life and enjoy your newfound freedom.





1

Limit yourself to one task at a time

2

Do something peaceful in the morning

3

Eliminate paper in your life. Bills & records create clutter.

4

Make a list of things you want to purchase and wait 30 days.

5

Limit time spent on email. Only answer the most important.





6

Get rid of twice as much as you bring into your house.

7

Take 5 minutes a day to declutter your most chaotic area

8

Have a media free day once a week.

9

Say “**no**” more often than you say “yes”

10

Pay your bills the same day & time each week.





11

Read your news online or listen to news podcast.

12

Sort your mail everyday. Don't let it pile. Toss junk mail.

13

Thin before you speak. Words are hard to take back.

14

Put things away when finish using them.

15

Create Routines. Clear routines multiply productivity and free time.





Did your business take over your  
life?

Ready to take it back?

Join our **FREE** Masterclass



## The Art of Working Less

*Discover the Secrets to Working Less, Earning More, and  
Enjoying Life!*

### During the masterclass, you'll learn:

- The 4-Block Framework for achieving work-life harmony. Take control of your calendar and take back your time.
- How to spot and cut out distractions. *Stop the energy-drain.*
- The strategies that amplify your efficiency and output. *Get more done.*
- How to easily take days off. *Relax and recharge without the stress of playing catch-up.*
- The key to increasing sales and revenue in *less time.*

Yes, Save My Seat



# Meet Ann Rusnak



Since childhood, I always wanted my own business. When I started a commercial interior design firm, my dream came true. I built a very successful design business from home.

While I looked successful from the outside, I was losing on the inside. My business took over my life. Now, my health and family time suffer.

A wake-up call in an ambulance taught me hard lessons about balance. I let go of the myth, **success comes from working long hard hours. The results?** A simple system that turned minutes into profits without sacrificing my personal life.

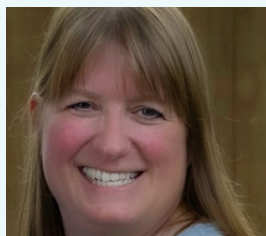
Now, I share this magic through the Harmonious Productivity Method™, showing entrepreneurs how to achieve the same results: more income without the burnout, and a life enjoyed to the fullest.

## Success Stories



"Ann This System is Unbelievable... I had my best month back in February. I topped that in May by passing last years income. It's been a breakthrough year. By the end of July or middle of August I should hit the leaders criteria for my company which I've only made once in the last four years... So it's very exciting."

~~~Joe Redmond III



I knew I was putting things off that needed to be done now. Today I'm making my schedule and have attained goals, not only in my business but in my personal life too.

~Amy Smoyer



"You have helped and my team focus on what is important to business profitability, so we stayed focused to complete projects on time. The ROI far exceeds the cost of the program!"

~Tracy L. Jones



"This week had been a game changer. Thanks to Monday's training, I told myself daily I ROCK! and intentionally carved out time for my business and stuck to it. I closed my office door and got busy. That yeilding in 4 new one to one appointments on my calendar. Yeah Me!

~Laura Moore McNeely

